

THE MVC 10 MILE

# TIME TRIAL

2-UP TTT AND TANDEM COMPETITION

RESULTS



**SATURDAY, 23 MAY 2015**



Photos courtesy of: [www.facebook.com/SEdgeCycling](http://www.facebook.com/SEdgeCycling)

Sponsored by:

Commercial  
Procurement  
Consultancy Ltd



**THE SUFFERFEST**

Designed by:

*unica*  
creative

Photograph by:

**dh**  
Dave Hayward.com  
PHOTOGRAPHY

As I am sure a few of you are aware this was my first attempt at promoting an event and it was certainly an interesting experience.

The main thing that has struck me is that without the hard work of my friends, family and club mates who freely gave up their time, it would not have been able to take place. So I want to extend my absolute thanks and gratitude to the following awesome people:

Love

Sally x (AKA #PinkGold)

---

## #PINKGOLD'S HONOUR ROLL

### **Time Keepers –**

Ernie Mackey, David Mackey and Vic Williams (all MVC)

### **The roundabout crew –**

Cai Jarvis (MVC) My daddy, John Farrell and my daddy-in law Malcolm Smith aka #fatmanontheroundabout

### **Our pusher offers –**

Rod Kennison (MVC) and Paul Daniels (MVC)

### **The results posse –**

Nigel Smith, Tom Kennison (MVC) Simon Morris (MVC)  
Stu Featherstone (4T+ Velo)

### **The Awesome Graphic Designer –**

Unica Creative - [www.unica-creative.co.uk](http://www.unica-creative.co.uk)

### **The Tea ladies –**

My mummy Viv Farrell and my Mummy-in law Jan Smith

### **Sports massage clinic –**

Adrian Moody and Jo Norrington – **07805 474238**

### **The photographer –**

Jody Coxon (4T+) – Southern Edge Cycling -  
[www.facebook.com/SEdgeCycling](http://www.facebook.com/SEdgeCycling)

### **The accountant –**

Nigel Wharton (MVC)

### **Additional thanks to –**

Jon Mason for making himself free to assist for the day and  
Amada Cash (MVC) for making 'that cake'

## #PINKGOLD'S HONOUR ROLL... CONTINUED:

Finally a huge thank you to our event sponsors. £500 of the prize money was donated by **Commercial Procurement Consultancy Ltd** and the publicity material, prize vouchers, start sheet and results sheet produced by **Unica Creative**.

Everyone gave their time free of charge, and you guys rewarded us with your generosity. I was overwhelmed by your donations to our chosen charity the Pilgrims Hospice and we raised just over £265 for the cause. The charity is chosen by one of our members Spencer Stacey in memory of his father who lost a 7-year battle with cancer in January. If you would like to donate to Spencer, please visit his page: [www.justgiving.com/SPENCER-STACEY1](http://www.justgiving.com/SPENCER-STACEY1)

You guys also rewarded us with some epic rides in less than favourable conditions. Having ridden out to the start and back early on the thought crossed my mind that I wasn't particularly gutted not to be riding! But despite this the times were amazing.

Kev Tye was just 6 seconds off of the course record riding a 20.49 and Mathilde Pauls ride of 23.31 was just shy of 8 seconds from Medway Velo's Lou Mason's ladies course record. Speaking of Lou, who took 2nd place in 24.21, I was so impressed with her ride after battling with illness all week. I am fairly certain she turned out as she knew I was desperate for her to ride the event and though off her usual game no one can argue that isn't a great ride, the spirit of #PinkGold rules!

I think the amazing performance of 1st place junior and 2nd overall Sam Henning raised a few eyebrows, the Catford CC rider is just 16\* years-old and managed a 20.59. I think we can all agree the future is bright for this lad. Nipping at his heels was PaceLine RT rider Keith Lea with another great time of 21.10.

The event was a counter for the South East Women's Time Trial Series which is why there were both TT and roads bike categories. Though I would have liked a few more ladies taking part to have 17 women in a Kent TT is pretty much unheard of and I was pleased that every lady in the field started. Respect to Jennifer Crouch of Team Velosport who took the road bike category in 25.40. A big high-5 goes to all the ladies in the field, from our two-up team, tandem rider and first-timers to the seasoned TT pros amongst you. Thanks for turning out.

Well done to Neil Lewis and Antony Bell who took the tandem win in 22.58 and kudos to the Adalta guys Spencer Wood and Richard McEvy who took the chicken dinner home in the 2-up TT in 22.20.

I'd like to mention more, especial our tandem riders The Smith's who had to deal with a broken seat pin but raced and finished! Steve was cursed with bad luck puncturing before the start of the solo event and being penalised 14 minutes, despite riding an awesome 22 minute. After his puncture the previous week I am very much hoping this is all of his bad luck out of the way for the season.

I was delighted to see the mighty Medway Velo taking the team prize, well done Strava Celeb Dan Tolhurst, The Dominator and The Goremeister. You dudes are so fast.

Thank you to you all for turning out, helping out and riding so damn fast! I really hope you enjoyed the event, we had our hiccups, but thanks to our great team – got to the end in one piece. Now onward with the results.

---

## THE PRIZE WINNERS

---

### 1ST MALE ON SCRATCH:

Kevin Tye Velo RefinedAerosmiths.com 20.49

---

### 1ST LADY ON SCRATCH:

Malthide Pauls Fusion RT 23.31

---

### TIME TRIAL BIKE MALE

<b>1st</b>	Kevin Tye	Velorefined Aerosmiths.Com	20:49
<b>2nd</b>	Sam Henning	Catford CC	20:59
<b>3rd</b>	Keith Lea	Paceline RT	21:10
<b>4th</b>	Andrew Meilak	Velorefined Aerosmiths.Com	21:25
<b>5th</b>	Ben Wimpory	PMR@Toachim House	21:27

---

### TIME TRIAL BIKE FEMALE

<b>1st</b>	Mathilde Pauls	Fusion RT	23:31
<b>2nd</b>	Louise Mason	Medway Velo CC	24:21
<b>3rd</b>	Teresa Goddard	Kingston Wheelers	25:25
<b>4th</b>	Katie Crowe	Dulwich Paragon	25:36
<b>5th</b>	Nicola Goodban	Thanet RC	26:09

---

### ROAD BIKE MALE (LOOK THEY ARE ALL CALLED MATT)

<b>1st</b>	Matt Saywell	Medway Velo CC	23:52
<b>2nd</b>	Matthew Fearn	Medway Velo CC	24:58
<b>3rd</b>	Matthew Norris	Sittingbourne Striders Tri	26:04
<b>4th</b>	Matt Nunn	Medway Velo CC	27:37

**ROAD BIKE FEMALE**

<b>1st</b>	Jennifer Crouch	Team VeloSport	25:40
<b>2nd</b>	Shelia Woollam	Kent Velo Girls	27:40
<b>3rd</b>	Sarah Allewell	Kent Velo Girls	28:03
<b>4th</b>	Heidi Hammond	Hythe Cycling Club	28:34
<b>5th</b>	Jo Sloman	Dulwich Paragon	29:21

**JUNIOR**

<b>1st</b>	Sam Henning	Catford CC	20:59
<b>2nd</b>	Dan Martin	Thanet RT	23:23
<b>3rd</b>	Oliver Dickson	Thanet RC	24:38

**JUVENILE**

<b>1st</b>	Toby Hammond	Thanet RC	24:10
<b>2nd</b>	Matthew Friday	4T+ Velo	27:19

**VET STANDARD MALE**

<b>1st</b>	Kevin Tye	Velorefined Aerosmiths.Com	+6:10
<b>2nd</b>	Keith Lea	Paceline RT	+5:13
<b>3rd</b>	Andrew Meilak	Velorefined Aerosmiths.Com	+5:11
<b>4th</b>	Alan Rowe	De Laune CC	+4:56
<b>5th</b>	Anthony Westwood	Gravesend CC	+4:53

**VET STANDARD FEMALE**

<b>1st</b>	Teresa Goddard	Kingston Wheelers	+3:33
<b>2nd</b>	Nicola Goodban	Thanet RC	+2:10
<b>3rd</b>	Shelia Woollam	Kent Velo Girls	+1:23
<b>4th</b>	Sarah Allewell	Kent Velo Girls	+00:31
<b>5th</b>	Heidi Hammond	Hythe Cycling Club	00:00

---

**FIXED WHEEL**

**1st** Steve Airey Catford CC 25:04

---

**TEAM PRIZE**

**1st** Medway Velo CC Daniel Tolhurst, 1:07:05  
Dom Campbell  
Michael Gore

---

**MEDWAY VELO WINNERS**

**TT Bike** Dan Tolhurst,  
**Road Bike** Matt Saywell  
**Female winner** Louise Mason

---

**KENT POLICE RECREATIONAL ASSOCIATION WINNER**

Phil Booth Medway Velo CC 24:43

---

**2-UP TTT**

**1** Spencer Wood Adalta CC  
Richard McEvy Adalta CC 22:20

**2** Colin Newton Folkestone Veio Club  
Michael French Folkestone Veio Club 22:32

**3** Tom Rowing Abellio SFA RT  
Martin Foord Abellio SFA RT 22:41

---

**MIXED WINNERS**

Eva Nyirenda A3rg  
Patrick Brennan A3rg 24:35

**FEMALE WINNERS**

Victoria Strila	PMR@Toachim House	
Susan Freeburn	PMR@Toachim House	25:17

**MVC/ KPRA WINNER**

David Bellinger	Medway Velo CC	
Matt Fearn	Medway Velo CC	23:14

**TANDEM**

<b>1st</b>	Neil Lewis Anthony Bell	North Road CC San Fairy Ann CC	22:58
<b>2nd</b>	Paul Buckley Christopher Hyde	Wigmore CC Wigmore CC	23:21
<b>3rd</b>	Nicola Smith Steve Smith	Medway Velo CC Medway Velo CC	30:14

No	Name	Club	Category	LTS	VET STD	Time
<b>Tandems</b>						
1	Neil Lewis	North Road CC	Tandem (47)			00:22:58
	Anthony Bell	San Fairy Ann CC	Tandem (46)			
2	Paul Buckley	Wigmore CC	Tandem (50)			00:23:24
	Christopher Hyde	Wigmore CC	Tandem (16)			
3	Steve Smith	Medway Velo CC	Tandem (38)			00:30:14
	Nicola Smith	Medway Velo CC	Tandem (39)			

No	Name	Club	Category	LTS	VET STD	Time
<b>2-up TTT</b>						
1	Spencer Wood	Adalta CC	MS			00:22:20
	Richard McEvy	Adalta CC	MV50			
2	Colin Newton	Folkestone Veio Club	MS			00:22:32
	Michael French	Folkestone Veio Club	MV47			
3	Tom Rowing	Abellio SFA RT	MS			00:22:41
	Martin Foord	Abellio SFA RT	MV52			
4	David Bellinger	Medway Velo CC	MV42MS			00:23:14
	Matt Fearn	Medway Velo CC	MS			
5	Lee Pilcher	Medway Velo CC	MS			00:23:33
	Alex Wolley	Medway Velo CC	MS			
6	Matthew Marsden	Adalta CC	MV47			00:24:09
	Andrew Buckley	Adalla CC	MS			
7	Eva Nyirenda	A3rg	WS			00:24:35
	Patrick Brennan	A3rg	MS			
8	Victoria Strila	PMR@Toachim House	WSWV40			00:25:17
	Susan Freeburn	PMR@Toach!m House	WV40			
9	David Smith	VC De Londres	MS			00:25:24
	Josh Haasz	VC De Londres	MS			
10	Michael Fowier	Old Portlians CC	MV55			00:28:02
	Julian Hutchings	Old Portlians CC	MV59			
	Nigel Wharton	Medway Velo CC	MV58			00:28:12
	Neil Ord	Medway Velo CC	MV58			DNS
	Richard Bayfield	London Pheonix	MV46			DNS
	Wayne Van Ry	Big Foot CC	MS			DNS



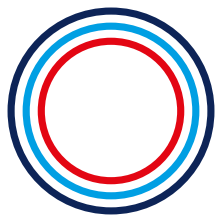
No	Name	Club	Category	LTS	VET STD	Time
Solos						
1	Kevin Tye	Volorefined Aerosmilhs	MV53TT		00:06:10	00:20:49
2	Sam Henning	Catford CC	MJN16TT			00:20:59
3	Keith Lea	Paceline RT	MV45TT		00:05:13	00:21:10
4	Andrew Meilak	Velorefined Aerosmiths	MV48 TT		00:05:11	00:21:25
5	Ben Wimpory	PMR@Toachim House	MSTT			00:21:27
6	Daniel Toihurst	Medway Velo CC	MSTT	00:00:34		00:21:31
7	Gary Record	West Kent RC	MSTT			00:21:46
8	Anthony Westwood	Gravesend CC	MV49TT		00:04:53	00:21:48
9	Simon Henderson	Thanet RC	MSTT		00:04:50	00:22:04
10	Dominic Campbell	Medway Velo CC	MSTT			00:22:28
11	Lawrence Marlin	Thanet RC	MV56TT		00:04:32	00:22:42
12	Rory Hopcraft	Medway Tri	MSTT			00:22:42
13	Michael Gore	Medway Velo CC	MSTT			00:23:06
14	Paul Vine	Wigmore CC	MV41 TT		00:02:55	00:23:09
15	James Amy	Medway Velo CC	MV44 TT		00:03:08	00:23:10
16	Lee Russell	VC Elan	MS49TT		00:03:18	00:23:23
17	Dan Martin	Thanet RC	MJN16TT			00:23:23
18	Mathilde Pauls	Fusion RT	WSTT			00:23:31
19	Mark Wrihl	West Kent RC	MV46 TT	00:00:09	00:02:40	00:23:47
20	Ian Stephens	Medway Velo CC	MV49TT	00:00:03	00:02:52	00:23:49
21	Tony West	Sittingbourne Striders Tri	MSTT	00:00:55		00:23:49
22	Matt Saywell	Medway Velo CC	MS Road	00:01:08		00:23:52
23	Paul Fairman	Abellio SFA RT	MV60TT		00:03:54	00:23:54
24	Kelly Wyld	4T+ Veto	MV43TT		00:02:18	00:23:55
25	James Dickson	Thanet RC	MV50TT		00:02:42	00:24:03
26	Steven Melia-Chamberlain	Quick Release CC	MSTT		00:24:07	

## SOUTHERN EDGE CYCLING



Photos available to view and purchase at:  
[www.facebook.com/SEdgeCycling](https://www.facebook.com/SEdgeCycling)  
 and [www.southernedgecycling.smugmug.com/](http://www.southernedgecycling.smugmug.com/)

No	Name	Club	Category	LTS	VET STD	Time
27	Toby Hammond	Thanet RC	MJV15TT			00:24:10
28	Nolan Heather	Worthing Excelsior CC	MSTT			00:24:14
29	Louise Mason	Medway Velo CC	WS TT			00:24:21
30	Ryan Kuwertz	Southborough Wheelers	MS38TT			00:24:22
31	Nigel John Perry	Abellio SFA RT	MV51 TT		00:02:16	00:24:34
32	Oliver Dickson	Thanet RC	MJM6TT			00:24:38
33	Phil Booth	Medway Velo CC	MV42TT		00:01:26	00:24:43
34	Danny Frost	Folkestone Velo	MV51 TT		00:02:04	00:24:46
35	Matthew Fearn	Medway Velo CC	WS MS			00:24:58
36	Sieve Airey	Catford CC	MV52TT Fixed		00:01:50	00:25:04
37	Michael Saadat	Southborough Wheelers	MV55TT		00:01:46	00:25:23
38	Dave Mastin	Thanet RC	MV62			00:25:24
39	Tessa Goddard	Kingston Wheelers	WV51 TT		00:03:33	00:25:25
40	Alan Rowe	De Laune CC	MV76 TT		00:04:56	00:25:27
41	Chris Alcott	Medway Velo CC	MS36 TT	00:01:27		00:25:33
42	Katie Crowe	Dulwich Paragon	WSTT			00:25:36
43	Jennifer Crouch	Team Velosport	WS Road			00:25:40
44	Michael Coulter	Gravesend CC	MV67TT		00:02:49	00:25:43
45	Malthew Norris	Sittingbome Striders Tri	MV41 Road		00:00:00	00:26:04
46	Nicola Goodban	Thanet RC	WV43 TT		00:02:10	00:26:09
47	Andrew McCall	Thanet RC	MV60TT	00:01:09	00:01:38	00:26:10
48	Andy Burrows	Thanet RC	MV72TT		00:02:39	00:26:47
49	Kristy Howells	Ashford Wheelers	WS34 TT			00:26:57
50	Ross Pilcher	Sittingbome Striders Tri	MSTT	00:00:54		00:27:10
51	Matthew Friday	4T+ Velo	MJvTT			00:27:19
52	Matt Nunn	Medway Velo CC	MS Road			00:27:37
53	Sheila Woolam	Kent Velo Girls	WV52	00:01:51	00:01:23	00:27:40



**DesignerDiscs**

**Custom designed  
Disc Wheel Decals  
and Frame stickers.**

contact: [info@unica-creative.co.uk](mailto:info@unica-creative.co.uk)  
or call: 01634 566 444



No	Name	Club	Category	LTS	VET STD	Time
54	Colin Innett	Thanet RC	MV74TT		00:02:01	00:27:52
55	Sarah Allewell	Kent Velo Girls	WV46 Road		00:02:16	00:28:03
56	Gemma Hayes	East Grinstead CC	WSTT	00:01:08		00:28:25
57	Heidi Hammond	Hythe Cycling Club	WV46 Road		00:01:45	00:28:34
58	Colin Record	West Kent CC	MV70TT		00:00:04	00:28:58
59	Jo Sloman	Dulwich Paragon	WS Road			00:29:21
60	Malcolm Adams	De Laune CC	MV76TT		00:01:01	00:29:22
61	Michael Daniels	Southborough Wheelers	MV80TT		00:02:14	00:29:23
62	Martina Ben-Shaul	Dulwich Paragon	WV51 Road	00:01:16	-00:01:46	00:30:44
63	Doug Finch	Southborough Wheelers	MV64TT	00:01:41	-00:04:05	00:32:11
64	Stephanie Waters	San Fairy Ann CC	WS TT			00:36:02
65	Steve Smith	Medway Velo CC	MSTT			00:36:36 (14 min late start)
	Phil Bull	Velorefined Aerosmiths	MV59TT			DNS (Apol)
	James Brincat	Sittingbourne Striders Tri	MS Road			DNS (Apol)
	David Forman	Sittingbourne Striders Tri	MSTT			DNS (Apol)
	Cameron Piper	San Fairy Ann CC	MJV15TT			DNS (Apol)
	Rod Waters	VC Londres	MV48TT			DNS (Apol)
	Gary Harrison	Thanot RC	MV68TT			DNS (Apol)
	Mike Piper	AbellioSFA RT	MSTT			DNS (Apol)
	Doug Bentall	Southborough Wheelers	MV49TT			DNS (Apol)
	Andrew Buckley	Aldata CC	MSTT			DNS (Apol)